

DSS Aesthetic Procedure COC Workshop

Cosmetic Botulinum Toxin

Course Objectives :

1. To familiarize participants with the well-established indications and use of cosmetic botulinum toxin and the science underpinning the practice.
2. To equip participants with the necessary skills to perform cosmetic botulinum toxin injections to achieve optimal results, with an emphasis on patient safety.

Course Director : Dr Chua Sze Hon

Course Instructor : Dr Melvin Ee, Dr Priya Sen

Course Programme

Time	Key component	Topic
2:00 – 2:10 pm		Welcome address
2:10 – 2:30 pm	Basic Principles	Botulinum toxin pharmacology
2:30 – 2:50 pm	Clinical applications	Anatomy of face – muscles of facial expressions Clinical indications
2:50 – 3:10 pm	Treatment guidelines and protocols	Patient selection and pre-op counselling Dilution & storage General technique tips Treatment protocols
3:10 – 3:40 pm	Clinical technique	Cosmetic enhancement of the upper face, lower face and neck <ul style="list-style-type: none">• Injection sites, dosages, danger areas to avoid Treatment of hyperhidrosis <ul style="list-style-type: none">• Injection sites, dosages Post-treatment management
3:40 – 4:00 pm	Complications of procedures and the management of complications	Potential complications and management of complications
4:00 – 4:20 pm		Tea Break
4:20 – 5:00 pm		Botulinum toxin injection demonstration
5:00 – 5:20 pm		Q&A session
5:20 – 5:50 pm		MCQs – Assessment of Competence
5:50 – 6:00 pm		Presentation of COC Certificates to successful participants