

DSS-NSC Aesthetic Procedure COC Workshop

CHEMICAL PEELING

Course Objectives :

1. To familiarize participants with the well-established and effective procedure of chemical peeling and the science underpinning the practice.
2. To equip participants with the necessary skills to perform superficial chemical peels using various peeling agents to achieve optimal results, with an emphasis on patient safety.

Course Director : Dr Cheong Lai Leng

Course Instructor : Dr Tham Siew Nee / Dr Mark Tang

PROGRAM

Time	Topic
2:00 - 2:05 pm	Welcome address by Course Director
2:05 - 2:25 pm	What are Chemical Peels? Physiology of Acid-tissue Interaction Classification of Peel Depths
2:25 - 2:40 pm	Clinical Considerations Indications, patient selection criteria and contra-indications
2:40 - 3:00 pm	Basic Concepts in Skin Peeling Patient preparation, Importance of skin priming and the agents used, Wound healing
3:00 - 3:15 pm	Tea Break
3:15 - 4:05 pm	Types of Peeling Agents Glycolic acid, Trichloroacetic acid, Jessner's solution An in-depth discussion of the issues specific to the peeling agent used, indications, patient selection and the execution of the peel
4:05 - 4:20 pm	Complications Ways to minimize risk , Management of adverse effects
4:20 - 4:40 pm	Q&A session
4:40 - 5:40 pm	Live Demonstration/Video
5:40 - 6:00pm	MCQ Assessment Presentation of COC Certificates to Successful Participants