

DSS-NSC Aesthetic Procedure COC Workshop

INTENSE PULSED LIGHT THERAPY For Photorejuvenation & Permanent Hair Reduction

Course Objectives :

1. To provide participants with a fundamental understanding of the physics of light-based technology and the physiological consequences of light-tissue interaction.
2. To impart the skill set needed to conduct IPL therapy efficaciously with an emphasis on patient evaluation and safety.

Course Director : Dr Cheong Lai Leng

Course Instructor : Dr Melvin Ee / Dr Ang Por

PROGRAM

Time	Topic
2:00 - 2:05 pm	Welcome address by Course Director
2:05 - 2:35 pm	General principles Anatomy of the Skin, Physiological Changes in Ageing Skin, Physics of Light-based therapy, Light-Tissue Interactions, Selective photothermolysis, Differences between IPL and Laser
2:35 - 2:55 pm	Skin Rejuvenation General principles, Treatment options available
2:55 - 3:15 pm	Permanent Hair Reduction General principles, Treatment options available
3:15 - 3:30 pm	Indications & Contraindications to IPL Therapy
3:30 – 3:45 pm	Tea Break
3:45 - 4:05 pm	Pre-Procedural Counselling Patient selection, Patient information before treatment, Ensure appropriate level of patient expectation, Patient preparation Post-Procedural Counselling Information on aftercare, Advice on resumption of skin care products and cosmetics
4:05 - 4:25 pm	Principles of IPL Practice and Clinical Endpoints
4:25 – 4:40 pm	Adverse Effects How to minimize risks, Management of adverse effects
4:40 – 4:50 pm	Q & A
4:50 – 5:40 pm	Live Demonstration/Video
5:40 – 6:00 pm	MCQ Assessment Presentation of COC Certificates to Successful Participants